

# Ahavas Olam Weingarden Torah Center Tefillah Initiative

*We the undersigned have accepted upon ourselves to enhance our Avodas HaTefillah via the following two commitments until Yom Kippur 5775:*

- 1. To learn once a week, preferably with the family at the Shabbos Seudah, a sefer<sup>1</sup> on Perush HaTefillah and complete it by the end of the year.*
- 2. To write a personalized Tefillah<sup>2</sup> regarding a desired spiritual goal and recite it every day at Shacharis before the completion of the Amidah.*

ועל זה באנו על החתום  
תשרי תשע"ד

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1. Such as "Avodas HaTefillah" (or its English translation "Pathways To Prayer") by Rav Meir Birnbaum shlit"a or "Praise My Soul" by Rav Miller z"l or "Iyun Tefillah" (or its English translation "Rav Schwab On Prayer") by Rav Shimon Schwab z"l.

2. In Hebrew or English.

כתב החזו"א ז"ל (קובץ אגרות ח"ג ס' כ"ג) – "אדם רשאי לנסח תפלה קצרה לצרכיו, ואף להזכיר שם, ובכל זמן ביום, ואין צריך לכוללה בתפילת שמונה עשרה, ומתחיל בלשון יהי רצון מלפניך...".